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International Convention on Physical Activity and Sport

Convención Internacional de Actividad Física y Deporte

Convenção Internacional sobre Atividade Física e Esporte

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The International Convention on Physical Activity and Sport (AFIDE in Spanish) is an international scientific event held in Cuba every two years in November, organized by the National Institute of Sports, Physical Education and Recreation and the University of Physical Culture and Sport Sciences, in collaboration with other institutions. Its purpose is to exchange experiences related to research in the area of Physical Culture and Sport that allow the professional growth of Cuban and foreign delegates, including: researchers, coaches, teachers, academics, PhDs, physiotherapists, psychologists, students of Physical Culture, Sport, Physical Education and related careers.



Due to the diversity of participants, the variety, depth, and scientific contributions of the papers presented, as well as the fruitful debates and exchanges, AFIDE is **considered the premier scientific event for the national athletics movement.**

The 11th edition of this great event is scheduled to take place from November 10 to 14, 2025, at the Convention Palace in Havana, Cuba, organized in hybrid mode by the National Institute of Sports, Physical Education and Recreation of the Republic of Cuba, and the University of Physical Culture and Sports Sciences, with the central theme: "SCIENCE TO WIN".

This will be developed through different presentation modalities such as posters, presentations, videos, and pre-convention courses, addressing various topics, including:

- Biomedical, Physiological, Psychological and Social Sciences or others applied to Physical Education, Physical Activity, Recreation and Sports.
- Sports Engineering, Artificial Intelligence, and other emerging technologies applied to Physical Education, Physical Activity, Recreation, and Sports.
- Continuing education for professionals in Physical Education, Physical Activity, Physical Recreation, and Sports.
- Management and direction of Physical Education, Physical Activity, Physical Recreation and Sports.
- Information and Communications Technologies Applied to Physical Education, Physical Activity, Physical Recreation, and Sports.
- Physical recreation, free time and quality of life.
- Physical education.
- Therapeutic and prophylactic physical activity.
- Theory and Methodology of Sports Training

As in previous events, a broad representation of foreign researchers and specialists is expected to participate. They will share their knowledge and experiences with the Cuban participants, who will come from universities and municipal and territorial departments of



the National Institute of Sports, Physical Education, and Recreation (INDER in Spanish), with selected papers from the forums and grassroots events held in each territory.

The event is already expected to be a resounding success, where new experiences will emerge to promote, through science, the growth and sustainable development of physical activity and sport.

Conflict of interest statement:

The author declares that there are no conflicts of interest.

Author's contribution:

The author is responsible for writing the work and analyzing the documents.



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