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Research diversity and contemporary challenges in physical culture

Diversidad investigativa y desafíos contemporáneos en la cultura física

Diversidade na pesquisa e desafios contemporâneos na cultura física

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This issue of PODIUM offers an enriching array of research in physical culture. It invites reflection on the scientific priorities, professional practices, and social responsibilities of this field. The included works are not merely isolated pieces; they form a cohesive whole encompassing rehabilitation, health, educational inclusion, performance assessment, the professionalization of coaches and teachers, leadership in high-performance contexts, and the integration of new technologies. From an editorial perspective, it is important to consider not only the specific findings but also the methodological challenges, empirical limitations, and opportunities for connecting research and practice that these studies reveal.

From the editorial perspective, the need to combine these approaches with social impact assessments and methodologies that measure changes in attitudes, behaviors, and community practices is highlighted. This analysis yields several recommendations for the journal's research agenda. First, to encourage studies with more robust designs, such as



controlled trials, representative samples, and long-term follow-ups, that allow for progress from promising results to evidence for public policy; second, to promote multicenter and collaborative research that reduces geographical and methodological fragmentation; third, to prioritize the evaluation of intervention implementation, not just their effectiveness under ideal conditions, in order to understand barriers and facilitators in real-world situations; fourth, to develop research lines that integrate technology and equity, ensuring that innovation does not exacerbate inequalities; and fifth, to strengthen knowledge transfer to teacher training and sports management through educational materials, validated protocols, and competency models.

In conclusion, this issue of PODIUM reaffirms the importance and responsibility of research in physical culture: it is about generating rigorous, relevant knowledge committed to social transformation.

The Editorial Board encourages authors, reviewers, and readers to form a scientific community that combines methodological excellence with social awareness, valuing both technological innovation and the preservation of values and heritage, and placing equity and sustainability at the heart of its priorities. The journal is a forum for critical debate, the dissemination of best practices, and the collaborative development of solutions that address current challenges in physical culture.

This editorial concludes with an emphasis on the continuity and institutional commitment that makes PODIUM a dynamic space for the production and dissemination of knowledge. In 2026, it is celebrated the 20th anniversary, a milestone that not only invites to pay tribute but also to critically evaluate what it has been achieved and to strategically plan and build for the future. This occasion serves to consolidate collaborative networks, strengthen editorial and methodological processes, and renew the commitment to our academic and professional audiences, including students, teachers, coaches, administrators, and communities. Throughout its history, the journal has demonstrated its capacity to adapt and grow, and now is the time to intensify its role as a platform that connects rigorous research with demonstrable social impact.



The Publishing House assumes the responsibility of sharing, managing, and communicating scientific results in an accessible and relevant manner. It is committed to fostering knowledge transfer mechanisms that go beyond the academic article, such as educational materials for practical application, validated intervention protocols, spaces for dialogue between researchers and decision-makers, and dissemination strategies that prioritize equity and sustainability. From this editorial perspective, it is reaffirmed that research in physical culture and sports must respond to the real needs of contemporary society and contribute to established public policies, thus renewing the commitment to working under the motto "A Path for This Time," guiding the journal toward the future.

Conflict of interest statement:

The author declares that there are no conflicts of interest.

Author's contribution:

The author is responsible for writing the work and analyzing the documents.



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